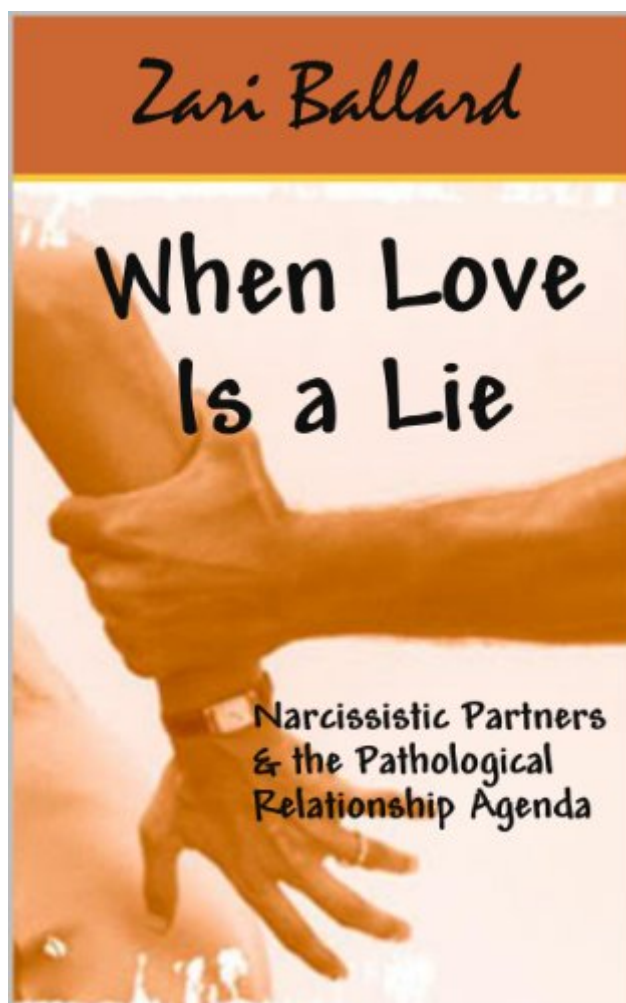


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When Love Is A Lie: Narcissistic Partners & The Pathological Relationship Agenda



Synopsis

What is this epidemic called narcissism? When we're involved with a narcissist, only those who've experienced the madness will ever understand what we're going through. The truth is that loving a narcissist is like riding the Roller Coaster from Hell in the dark and with Lucifer at the controls. If that sounds dramatic, then you've never loved a narcissist. If that sounds familiar, then this very special book may just change your life. When Love Is a Lie is a both a memoir and unique tell-all book about narcissism in relationships that skips the clinical and focuses on the personal. Zari Ballard's 13-year journey with a narcissistic partner will educate, enlighten, and empower you to evaluate the dysfunction in your current relationship. Compare her story and his narcissistic behaviors to your own experience and watch what happens. As it has for thousands of readers and abuse victims worldwide, When Love Is a Lie is going to resonate with you in ways that no other book about narcissism ever has. Are you in an emotionally abusive relationship with a Master Manipulator? Do you know something's wrong but can't quite put your finger on it? Are you subjected to silent treatments (and other passive-aggressive punishments)? Do you find yourself addicted to the very drama that you hate? Do you realize that a lover with a narcissistic personality will.....over time, intentionally manage down our expectations of the relationship so that we expect less and less and they get away with more..mimic the appropriate emotions at opportune times to achieve desired results..subject us to silent treatments, disappearances/reappearances, and other passive-aggressive "punishments" when we dare to call them out on questionable behaviors..create constant chaos day to day as an on-going method for keeping us in a heightened state of anxiety..juggle many relationships at one time for years on end with no one being the wiser - not even you Narcissist abuse is often intentionally passive-aggressive so that we never quite understand what's happening and, as a result, we feel isolated. Friends and family will try to be supportive but they simply don't get it. Books that we read provide nothing but psycho-babble. When Love Is a Lie, from the very first pages, offers a reprieve from this isolation. If you seek validation for your own mind-boggling experiences with a narcissistic abuser, order this book today and get ready to get better. Scroll Up to Order this Book Today Scroll Up to "Look Inside" This Book Visit Zari's Blog: thenarcissisticpersonality.com

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Customer Reviews

A very easy read about the Narcissist, written with honesty and straight to the point. The common traits these people share was mind boggling to me, right down to they even use the same phrases, behaviour patterns and lies! I found this book bought up all sorts of emotions for me as it hit very close to home. I laughed at some of the things the author said / did, as I too have done exactly the same. I got angry, as some of the authors stories triggered memories I had blocked out. And I felt like I had been punched to the stomach when the author revealed more information about Narcissist's than I ever realised. Highly recommended, and a great book to keep on hand for comfort, reassurance and strength for one of the toughest journeys I will ever go through.

As much as I appreciate Zari Ballard's bravery in telling her story so honestly, as well as her desire to help other survivors of toxic relationships, I found that as this book went on it involved excessive generalization about narcissists based on her own particular situation and experiences. As someone who lived with a toxic partner for two years, I couldn't relate to the generalizations based on her 12-year relationship that didn't involve cohabitation. She ignores many common abusive behaviors, focusing rather on those of her own former partner. In addition, the many blog posts she includes became really tedious after a while, so I ended up just skipping them - unfortunately, they make up a large percentage of the book. If presented as a cathartic memoir of her experiences,

rather than a self-help book for survivors, I believe that would be a much more accurate portrayal of the book. I also think it's misleading not to let buyers know that much of the content is previously-published blog posts written by Zari and others, which we could read for free online. Finally, I found the numerous spelling and grammatical errors to be a distraction, as there were a lot more than I expect to find in a published book.

The author has done a great deal of research on the subject of narcissism (N) and narcissism co-dependency (NCD), and it shows. But she does not claim to be a clinician, merely a woman who suffered 12 years of hell before discovering blogs full of insightful information and cheerleaders who helped her break the cycle of abuse. The writing style can be a bit chaotic, switching between her own story, her blog posts, and the blog posts of others. I found some information repetitive. I think that's a GOOD thing since co-dependent people need to be told time and time again that it is THEIR SWORN DUTY to leave the relationship behind and move on. The author is honest about the times that she "fell off the No Contact wagon" but got right back on track. I know that some people are sensitive to cursing, and the language here can be "salty" at times. I didn't find it offensive, but felt that a warning to Puritans is obligatory. Into the mix of this emotional roller-coaster was the author's son, diagnosed with mental illness. Almost nothing is described about his life during the twelve years with the (N), and I was worried about him. I understand that the author will soon be publishing a follow-up book about dealing with her son's mental illness, and I definitely care enough about this mother and son that I will read it.-- Java Davis

I would liken this "book" to reading the diary of an angry person immediately following a breakup. I understand narcissism and what it does to a person, so I understand her anger. The problem is, people searching for answers won't find them here, which will be disappointing to people who are already struggling for clarity. There isn't a whole lot of concrete knowledge on the condition in this book. I didn't learn anything that I hadn't already learned by Googling "narcissistic abuse." Save your money, go see a therapist. That's the only thing that helped me through the aftermath of my 6-year relationship with a malignant narcissist (and, as it turns out, sociopath).

This book was a quick and easy read, and helpful in terms of appreciating one woman's personal experience with a man who sounds like a true NPD. I empathize with the author and greatly appreciate her sharing such a painful experience so honestly. That said, the book is anecdotal rather than clinical. It does not address how narcissistic tendencies occur along a spectrum of personality

traits, with Narcissistic Personality Disorder lying at one extreme. I started researching the topic of NPD with "When Love is a Lie" and mildly panicked when I recognized a few of the behaviors the author describes in a couple of people close to me--former romantic partners and problematic coworkers, in particular. After reading another book written by a therapist, I understood better that we all have narcissistic tendencies so may see some of these behaviors in people who are not pathological narcissists (including ourselves). If, like me, you're trying to figure out where someone in your life fits along the spectrum in order to assess the health of your relationship, I suggest reading this book in tandem with another written from a clinical standpoint. I found "The Wizard of Oz and Other Narcissists" particularly helpful; there are certainly others.

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